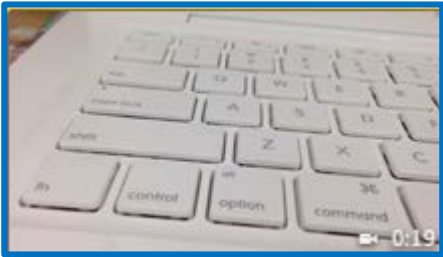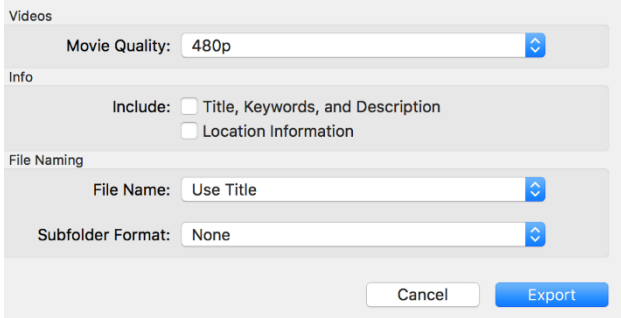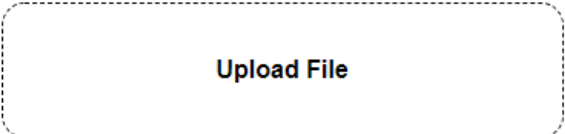# Video Exporting Guide for Photos

If you imported your video to Photos, or if your video is saved in Photos, you will need to export your video before uploading to the Pearson ePortfolio system.

Please follow these instructions to export your video from Photos:

1. Open Photos. *Please note that references to third-party software are provided by Pearson as a courtesy, and do not constitute an endorsement of any third-party products or services you may access. If you do access a third-party site and/or software, you do so at your own risk.*	
2. Navigate to your video in Photos and select it. Once selected, your video should be highlighted with a blue border. Ensure that you are selecting only the single video clip you wish to export.	
3. Select "Export 1 Video…" from the "File" menu.	
4. Select a low resolution for the "Movie Quality" to expedite uploading the file. Click "Export" and save the file to your Desktop.	
5. If your file is over 300MB, or if your upload is taking a long time or failing to complete, we recommend compressing your video before uploading. For assistance compressing your video, please refer to the Video Compression Guide for Mac, which is available on the program website.	
6. You're done – log in to the Pearson ePortfolio system and upload the video from your desktop!	

For Additional Support

Please visit the program website to review additional support materials, including video tutorials and Frequently Asked Questions (FAQ). For additional assistance, contact Customer Support. See "Contact Us" on the program website for contact information.